**Reflection on Black Mirror**

*What are some of the anxieties about technology that this episode is representing?*

The main issue that this video is communicating to the spectators is that our lifestyles become more passive as technology progresses. This inactiveness that leads us into a sedentary life is due to our dependence on tools and machinery that do the difficult and exhausting tasks for us. Besides the uncountable benefits that technology development has brought to our lives, performing our tasks faster and allowing us to have more spare time, it has damaged our social behavior due to the fact that we have not managed our time wisely.

It is unfortunate that even after creating gadgets that allow us to save time on doing very complicated and intellectual work, we still have the perception that time is an issue. The reason of this effect is because we have a stubborn nature that forces us to improve our competitiveness to be more proficient on the job market. Our social standards to improve our competitiveness have created a culture of work addiction that praises the person who is busier. However, we ignore the fact that busy does not mean being productive.

*Doest the show feel overly pessimistic or eerily reflective of where our current culture is heading in relationship to technology? What do you think?*

The show is not overly pessimistic. It is reflective and extremely realistic of first world countries’ present culture. As a foreigner to American culture and society, I am a witness of the country’s social life decay as the technology increases. This inversely proportional relationship is extremely dangerous because it creates an individualistic society that pretends to have a better communication without having to interact with another human being. Our lack of social interaction is fuelled by technology that is encouraging us to create an online identity that we are willing to share; therefore we try to hide our real life identities.